

Initial Health Assessment/Staying Healthy Assessment SCAN Provider Partner Training



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Agenda

Introductions

Importance of initial and annual health risk assessments

Regulatory requirements

Components of comprehensive health assessment/SHA

Partnering with SCAN

Questions and Answers

Benefits of Comprehensive Assessments

- ▶ Americans can avoid 100,000 death annually, if 90% of adults receive annual wellness visit/age-appropriate screenings- Mark Ryan, M.D., Doctors Articles, Primary Care
- ▶ Increases the members likelihood in attaining timely age-specific preventive services
- ▶ Establishes a baseline, especially for older or more chronically ill patients whose function can change drastically from year to year
- ▶ Increases the likelihood of physician visits
- ▶ Helps to improve preventative and care coordination metrics, and identifies detrimental social determinants of health
- ▶ Encourages trust and mutual respect in the patient-PCP relationship

Polling Question #1

We have protocols to ensure staff/contracted physicians are completing initial and annual health exams on all patients

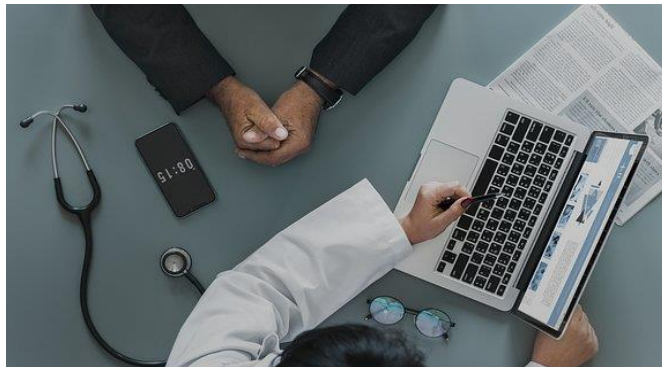
- A. We have policies that includes training PCPs and oversight
- B. Our protocols and policies are currently under development
- C. I am not aware of any policies around oversight of IHA



Benefits of Comprehensive Assessments

Providers

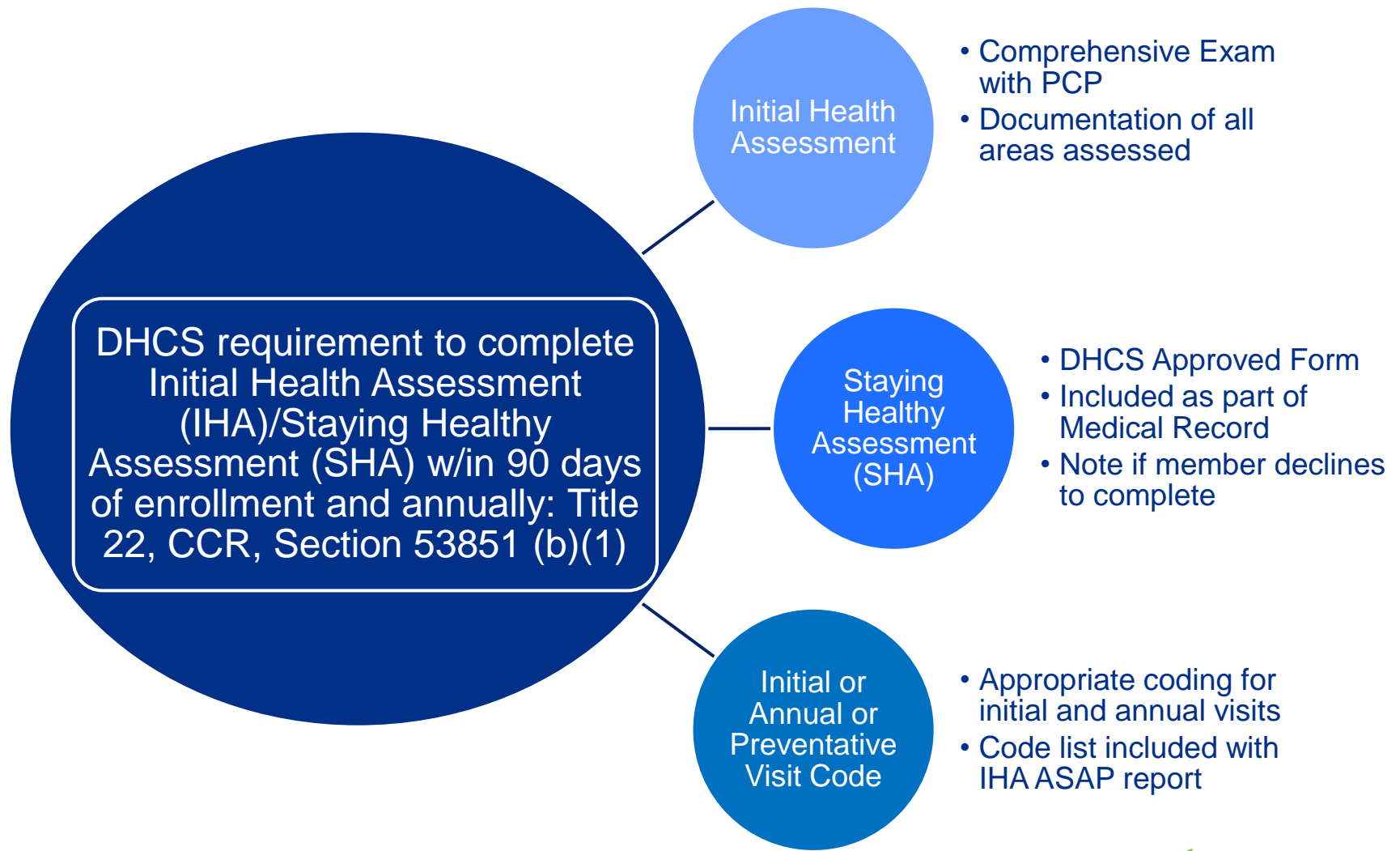
- Comprehensive assessments help identification of patient care needs
- More accurate patient coding
- Greater ability to promote preventative care
- Decreased acute utilization



Patients

- Increased engagement – connect behavior to health outcomes
- Building patient condition awareness
- Greater patient accountability and improved health literacy
- Increase patient ability to self manage

Regulatory Requirements-Medi-Medi Members



Components of a Comprehensive Assessment

- ▶ Complete history and physical (includes, but not limited to):
 - Present and past illness(es) with hospitalizations, operations, meds
 - Physical exam including review of all organ systems
 - Height, weight, BMI, BP, cholesterol screening
 - Preventative services per USPSTF A and B Guidelines for 65-year old (age appropriate assessments such as TB screening, clinical breast exam, allergy, chlamydia, mammogram, pap smear)
 - **See supplemental material called “Preventive Services_Medicare_Medi-Cal Compare”** – will be sent after webinar

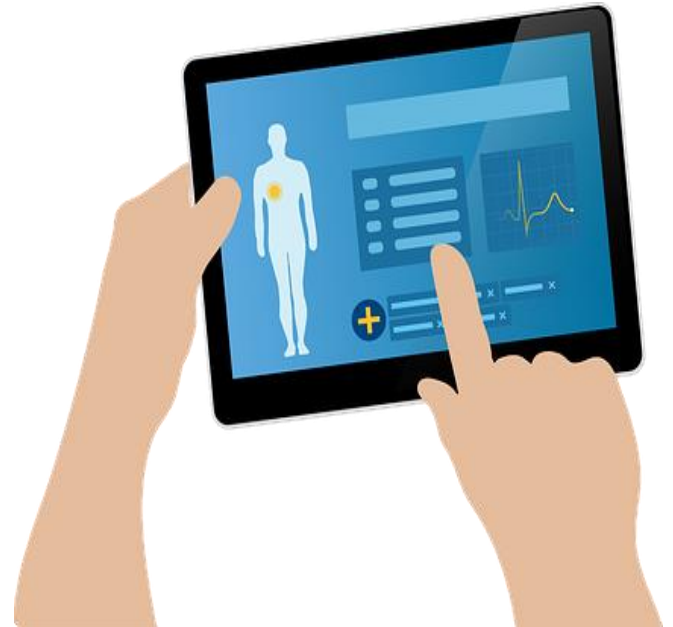
- ▶ Social history
 - Current living situation/marital status
 - Work history/education level
 - Sexual history/use of alcohol, tobacco and drugs

Components of Comprehensive Assessment (continued)

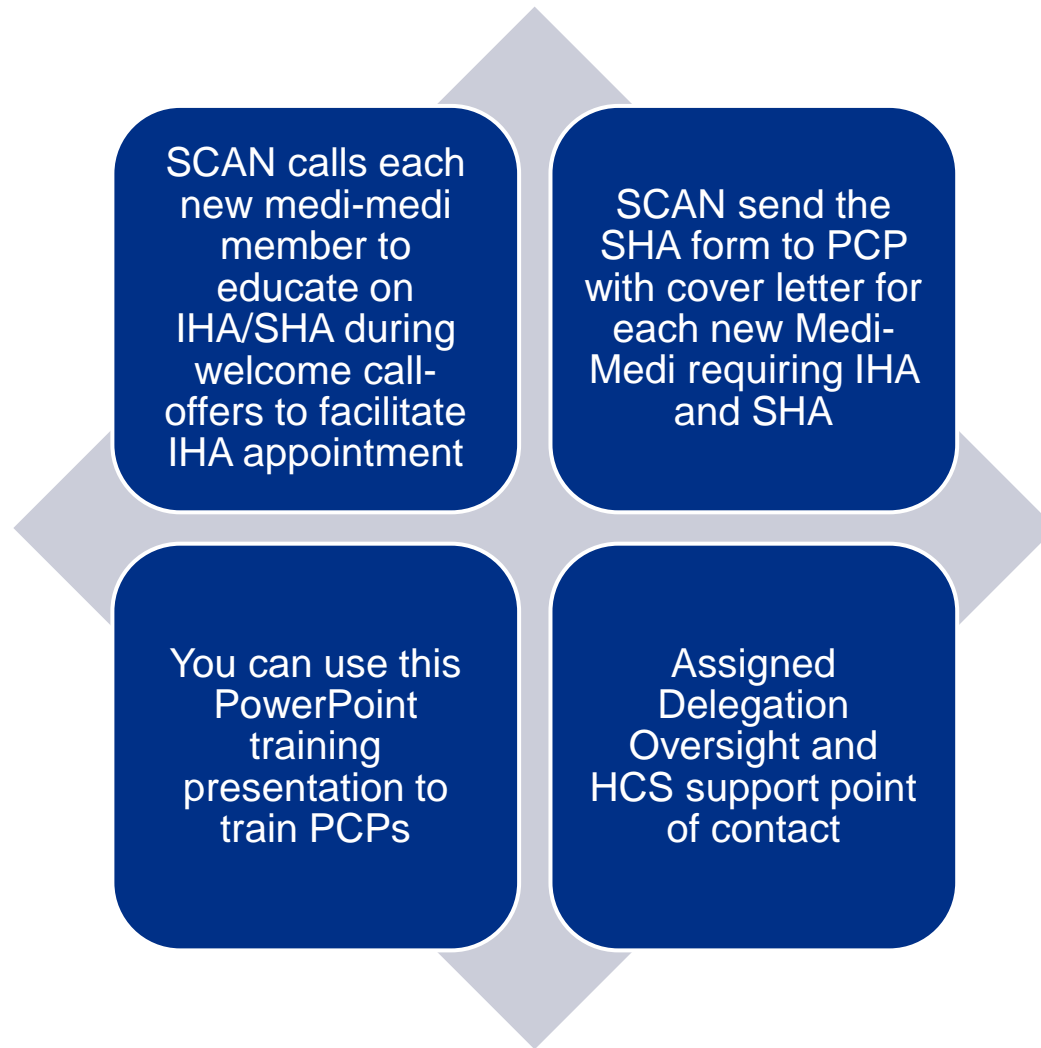
- ▶ Mental health and status evaluation
- ▶ Assessment of risk factors- using the Staying Healthy Assessment (SHA)
 - REQUIRED for all Dually Enrolled Medi-Cal/Medicare members
 - Development of behavioral risk health education – to include assessment of:
 - Nutrition
 - Functional status (including ADL/IADLs)
 - Physical Activity
 - Environmental Safety
 - Dental/Oral Health
- ▶ Diagnoses and plan of care
- ▶ Clinical Based guidelines as best practice in development of plan of care

Documentation Standards

- ▶ Staying Healthy Assessment (SHA) form completed and signed by PCP in patient chart
- ▶ Documentation of Comprehensive Health Assessment components in chart (risk assessed)
- ▶ Include new patient health history forms
- ▶ Accurate coding for initial and annual health exams



Partnering with SCAN



Questions and Answers

